



Editorial

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Welcome to issue 82 of the ITF Coaching and Sport Science Review. Since our last issue published in August, the COVID-19 pandemic is still affecting tennis activities worldwide. Again, during these troubling times, our foremost thoughts are with everyone who has been directly affected by the pandemic, and we send our condolences to those who have lost loved ones and those who are currently suffering.

This issue includes contributions from all over the world and cover a wide range of topics such as women's tennis, physical training and evaluation, biomechanics training and testing, psychology, notational analysis, history, bibliometrics, etc.

The ITF World Tennis Number (WTN) is the most relevant ITF digital transformation project. With the WTN, the vision held by the ITF was to create a unifying digital platform to reach and engage the millions of amateur players around the world via the national associations. A digital development tool offered free of charge will unify the sport by establishing a common language, a single global benchmark to grow tennis in each territory and continent around the world. The ITF WTN is set to inspire millions of players worldwide to play more often and have a more enjoyable tennis experience by providing level-based play and allow players from all over the world to compare themselves without the need to travel extensively. Our ongoing work to grow the sport with all of our member nations, large and small, developed and developing, has allowed us to engage effectively with our stakeholders on the ITF WTN. From 2021, the ITF member nations will roll out the ITF WTN week after week to establish the largest digital tennis community ever. We will ensure that the launch time suits the nation and matches their ability to support, maintain and promote the ITF WTN product. Please click here to access to more information <https://www.worldtennisnumber.com/>

We are also pleased that under challenging circumstances during 2020 the ITF Academy, our online educational digital platform has provided valuable free of charge resources. New interactive online courses have recently been added with 115 free courses currently available in English and a further 112 in Spanish, 111 in French and 77 in Portuguese. The Russian section has also been launched by offering 59 free courses. The player education section will be available in early 2021. With more than 110,000 users and over 30,000 registered users, the top countries in registered users include India, Colombia, Argentina, Brazil and Spain.

The ITF Academy is an integral element of the “blended learning” methodology already implemented in all ITF certification courses. All the ITF Coaching activities are done through the ITF Academy. Therefore, all those interested in taking part in the activities must be registered. The ITF Academy is directed towards coaches, players, parents and all interested in increasing their tennis knowledge. Please click here to register for free now.

In addition to the courses and resources available on ITF Academy, in October the first free webinar was held for Parents using the ITF Academy. More than 600 users registered from 100 countries.

Three 2020 ITF Regional Coaches Conferences by BNP Paribas were organised online in English, Spanish and French as a sign of adaptation to the very different circumstances we all continue to face due to the impact of the pandemic. Each conference took three days over two hours sessions. It was great that, despite the disruption to nearly all tennis activity in 2020, it was still possible for these events to go ahead virtually. Although we could not all meet together, more than 2250 coaches from over 150 nations, with a record of 26% female participation, still had the opportunity to listen to some of the more than 30 leading experts, as well as current and former international players, discussing many relevant and important subjects. The presentations are already available at the ITF Academy.

The ITF would like to thank you the coaches, who play such a vital role in the continued development of tennis, and the nurturing of talent, around the world. We know that this will have been an extremely challenging year for you all. Through our strong networks of regional and national associations we will continue to work together to learn, develop and share knowledge for the good of the sport.

We would also like to encourage new submissions to the ITF CSSR, and full guidelines for acceptance and publication of articles can be found in the most recent issue page on the ITF Academy. Finally, we would like to thank all the authors for their contributions, as well as all of those who sent in proposals. We hope that you enjoy reading the 82ⁿ edition of the ITF Coaching and Sport Science Review.

RECOMMENDED ITF TENNIS ACADEMY CONTENT (CLICK BELOW)



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